



MYCONIAN
COLLECTION

REJUVENATE
YOUR SENSES

SPA MENU





Dear Valued Guest,

I would like to personally welcome you to the Myconian Collection Spas. All of our 7 Spas are magical places of relaxation for mind, body and soul. We aim to offer you a personal journey that is dedicated to revitalising your body, mind and soul. With a carefully curated menu, inspired by the purest resources from oceans and earth, to allow you to experience the wonders of well-being with methods ascertained since antiquity up to nowadays.

Your skin and your well-being lies at the heart of what we do and we have joined forces with ELEMIS, one of the world's leading and premium SPA brands, as well as St.Barth with products of exceptional quality.

Our treatments are designed to respect the body's complex physiology, and to work in natural synergy with the skin, body and mind. Every treatment is specifically designed to offer a unique experience, using powerful massage sequences and the most potent actives available in the world today. Our highly trained therapists make it personal.

They look, they listen, tune in to you.

Our secret dwells in the wealth of the sea, the extracts of plants, flowers and botanicals and to the expert technique we apply for every therapy. Transformative results. Unique Experiences.

Welcome to the Myconian Spas.

Eleftheria Karapiperaki
Director of Spas at Myconian Collection



MYCONIAN
VILLA
COLLECTION

SIGNATURE PACKAGES

Myconian Detox Journey 70mins

This treatment is designed to detox and nourish your skin.

Leg Massage & Slimming Leg Mask
Express Detox Facial Treatment

Frangipani Lovers 110mins

An interactive experiment of the senses.

Body polish & Body Wrap & Hair Mask
Full Body Massage

Exotic Dream 110mins

Chill Out Shell Full Body Massage

Express Facial
Peace of Mind

FAMILY EXPERIENCE

Spend some quality time being spoiled together.

Mother & Daughter 90mins

Side-by-side full body scrub, relaxing body massage and a hair treatment mask.

Father & Son 90mins

Side-by-side relaxing full body massage, express facial treatment and scalp massage.

THALASSOTHERAPY 50mins

A unique program offering curative effects of mineral enriched seawater. The session takes you through 3-4 pools, each with different temperature and salinity content. The program is recommended for frequent use, and is very beneficial for joints, back problems, arthritis, osteoporosis, water retention or for sheer indulgence and relaxation.



ELEMIS FACE TREATMENTS

The hands of a highly trained ELEMIS therapist are profoundly effective anti-ageing tools. Using a combination of massage techniques from around the world, this is where intuition meets expertise with clinically proven results.

PRO-COLLAGEN DEFINITION LIFT & CONTOUR 60mins

Powered by breakthrough technology targeting sagging jowls, cheeks and jawline, this facial helps restore the architecture of the face. The Arjuna and Lupin-infused jowl and chin mask works on elasticity, whilst stem cells help support the extra-cellular matrix. The structure of the skin is boosted through a unique muscle toning massage from the scalp to the décolleté. The skin appears plumper creating a profoundly sculpted, youthful effect.

PRO-COLLAGEN AGE DEFY 60mins

This is the treatment to tackle fine lines and wrinkles. The proven benefits of marine charged Padina Pavonica and Red Coral help plump out fine lines, whilst Indian Mulberry reduces skin-fatigue, helping relax wrinkles. Targeted lymphatic drainage massage re-energises and rejuvenates, while an age-defying peel-off mask encourages the highest cellular function, visibly improving firmness and elasticity for beautifully nourished, younger looking skin.

PRO-COLLAGEN FACIAL WORKOUT 45mins

This is a cardio session for your face, that tones, tightens and sculpts the facial contour. Using the ELEMIS Sculpting wands we help encourage micro-circulation, and at the same time help penetrate the ELEMIS active ingredients to the deeper levels of the epidermis. The Ultra Smart Eye Tools target puffiness and dark circles around the eye area, and the ELEMIS Jowl & Chin Signature Massage helps firm and tighten the area around the chin. This facial workout simulates blood circulation, promotes collagen production and visibly tones and lifts the facial contour.

SUPERFOOD PRO-RADIANCE FACIAL 60mins

This is a crafted nutritional boost for stressed, dull skin. Rich in superfoods, essential minerals and trace elements; Magnesium, Potassium, Zinc, Vitamin A and E form a mineral army to jump start tired and exhausted skin. An amino active mask helps restore lost moisture, deeply nourish, detox and pack the skin with powerful, energising nutrients. Skin is left smoother, plumper and luminously radiant – stress-free and lit up with good health.

DYNAMIC RESURFACING PRECISION PEEL 60mins

This highly potent resurfacing treatment targets the signs of ageing and dull, tired, uneven skin tone. Specifically designed to work in conjunction with your skin's unique structure, this pioneering precision layering protocol uses three layers of enzymes to nibble the dead skin away, revealing extraordinary results. This system delivers powerful exfoliation and renewal for smoother, younger looking skin.

PEPTIDE⁴ THOUSAND FLOWER BOOSTER FACIAL 30mins

Recover Like Clockwork, with this Express facial treatment empowered with the ELEMIS Peptide 24/7 range. Peptide4 products work around the clock to help keep skin in sync, ensuring each vital process is carried out to optimum effect. The result? Skin that looks well-rested, radiant and beautiful, 24/7.

EYE TREATMENT ADD-ON 15mins

Give puffy eyes their marching orders with this instantly reviving eye treatment. An intensive eye mask will rehydrate, sooth and lift the eye area and leave you with a bright new look in just 15 minutes. See the world through new eyes.



MYCONIAN
UTOPIA

ELEMIS MESSAGES

MUSCLE RELEASE

ELEMIS DEEP TISSUE BACK OR FULL BODY MASSAGE 25mins/55mins/85mins

This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your concerns. Muscle pain, stress relief, pure relaxation or emotional balance.. As effective as an hour's stretching, but so much more nurturing.

RELAX & RE-ENERGISE

ELEMIS GARDEN OF ENGLAND ROSE ELIXIR RELAXING MASSAGE 55mins/85mins

Take a walk in an English rose garden with this lavishly hydrating body massage. The unique trio of Rose, Camelina and Poppy seed oils maintain and restore elasticity, whilst encouraging skin renewal. The skin is anointed with nourishing oils chosen to uplift your spirit, relax your senses, empower your strength or calm you down, whilst a nurturing Rose Body Balm and a Bespoke massage comfort the skin in all it's glory. Skin is left exquisitely moisturised, intensely supple, and deliciously scented. Choose between the Calm, Embrace, Fortitude, Sleep or Clarity Essential Oil Essence, according to your mood and result you want to achieve.

ELEMIS JET LAG MINERAL BODY ENERGISING MASSAGE 55mins

This massage stimulates every cell in the body, helping alleviate muscular pain and remove toxins. A catalyst that warms and deeply relaxes the body, perfectly prepping for the nourishing Amber balm, while the mind is whisked off to invigorating shores with the aromatic Ocean Spa Body Oil. Completed by a restorative facial massage, this is a revolutionary, minerally-charged experience of skin conditioning, metabolic balancing, and energising wellness.

ELEMIS WELL-BEING MASSAGE 55mins

From the soles of your feet to the crown of your head, this Detox & Well-Being massage is prescribed to help you unwind and relax, whilst help to release any toxins stored in the body with the use of the Green Tea Body Balm and Green Tea Body Oil. It is the perfect preparation massage for a Detox or Re-Shape treatment or your complete Restoration and Relaxation Massage.

ELEMIS FRANGIPANI HAIR, NECK & SHOULDER MASSAGE 30mins

This scalp massage is so blissful it should be illegal. Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head. We can either make you float like a butterfly or sting like a bee. You choose. Added bonus the amazing Frangipani Monoi Hair & Scalp Mask.



SIGNATURE 4 - HAND

ELEMIS FOUR HAND HAWAIIAN WAVE MASSAGE 60mins

From Hawaii, the traditional Lomi Lomi massage movements sweep the length of the body like a synchronised dance. Working in tandem the lead therapist is known as the “Mother” who sets the pace whilst the second therapists acts as a “Mirror” of the Mother. Using the ELEMIS Frangipani Monoi Oil from the Polynesian Islands, the experience of having two therapists working at the same time is the closest that you could imagine to such a mystical experience of the sublime. Four expert hands working at the same time, complementing and following each other to caress and comfort the body’s energy flow, resulting in the ultimate experience of the power of touch.

PREGNANCY

ELEMIS PEACEFUL PREGNANCY MASSAGE 60mins

Tried and tested safe massage techniques are combined and adapted to each stage of pregnancy. Helps to relieve tension in the lower and upper back, as well as alleviate swelling of the hands and feet, while easing the mind and uplifting the spirit.

ALTERNATIVE MASSAGE TECHNIQUES

ELEMIS AROMA HOT STONE MASSAGE 55mins/85mins

Balinese stones bathed in the intensely moisturising Frangipani Monoi Body Oil, are worked over the body, deep into the muscles, getting into areas of tension, persuading the muscles to release their trapped energy. The result is sparkling vitality with the added bonus of intensely hydrated skin.

ELEMIS POULTICE-POWERED QUARTZ BOLUS MUSCLE MASSAGE 55mins/85mins

Sore, aching muscles are worked away with this invigorating and deeply releasing treatment. Using a uniquely designed Amber and Quartz poultice/bolus, and combining the power of Eucalyptus and Juniper, each area of tension is specifically targeted with vibrational energy to re-mineralise. Painful knots are eased. Tension is dissolved. Completed by a restorative facial massage, the Amber and Quartz in the Poultice create a powerful mineral connectivity that invigorates the body and elasticises the skin.



MYCONIAN
AMBASSADOR

ELEMIS SCRUBS

ELEMIS INTENSELY CLEANSING SALT SCRUB - LIME AND GINGER OR FRANGIPANI 30mins

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Perfect choice to even your sun tan.

ELEMIS DETOX & SLIMMING

ELEMIS CELLUTOX SEAWEED DETOX & CELLULITE WRAP 75mins

Detoxify and kick-start your body. Let your thoughts drift away, whilst cocooned in a comforting wrap of rich marine algae and detoxifying Juniper and Lemon. Enjoy a facial massage and de-stress scalp treatment or soothing foot massage. Helps refine the appearance of cellulite and relieve the discomfort of fluid retention.

ELEMIS TARGETED SLIMMING TREATMENT 30mins

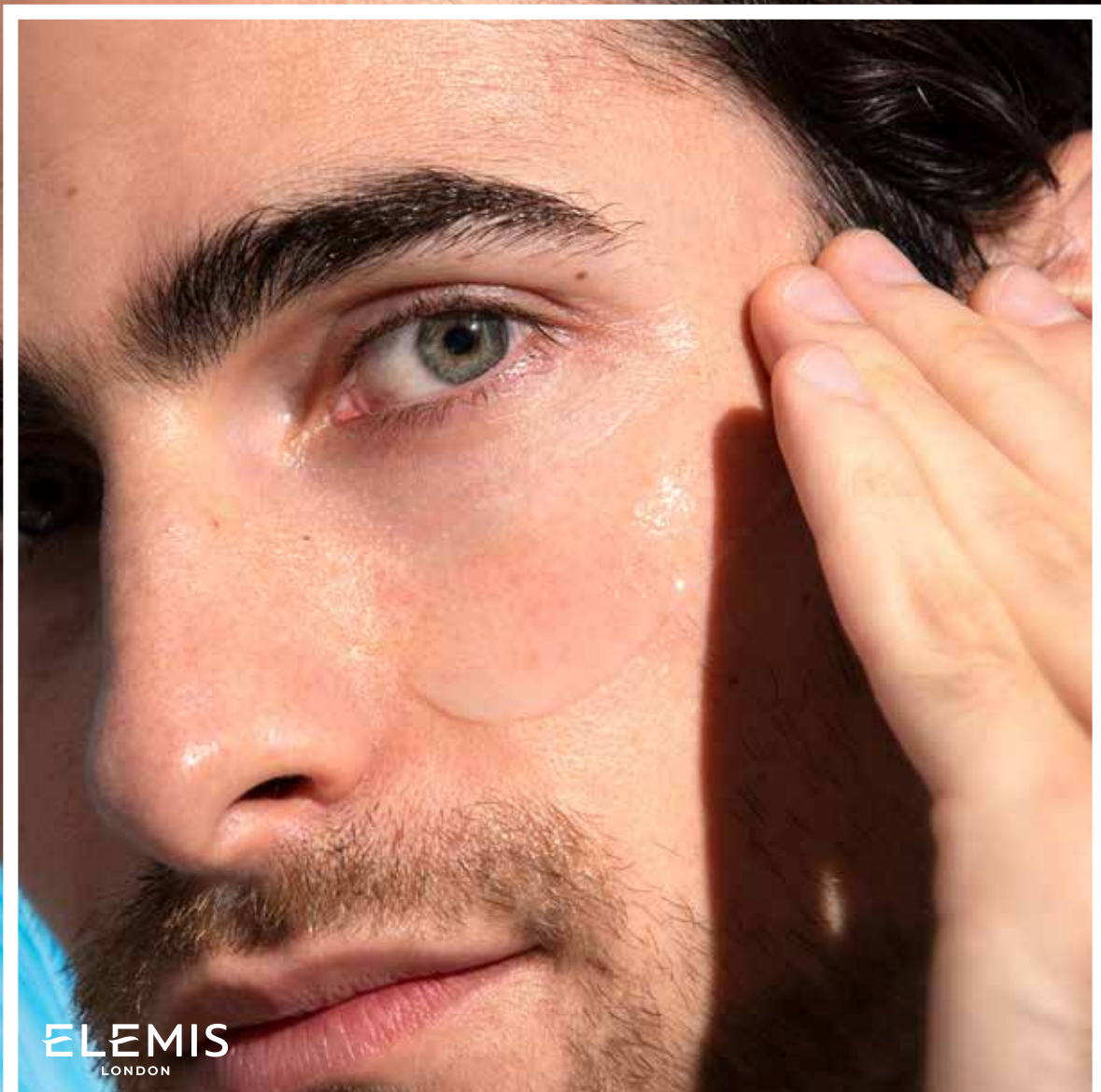
A targeted sculpting massage that kick-starts the micro-circulation, promoting a smoother silhouette. A cooling rubberised mask, rich in super-detoxing caffeine and green clay is applied to problem areas, whilst clinically proven Red Algae redefines areas prone to sagging. Choose a localised treatment: Arms or Hips & Thighs or Abdomen

ELEMIS TANNING

CEREMONY OF THE SUN - SELF-TANNING TREATMENT 45mins

The healthy way to radiant sun-kissed skin. After a deep exfoliation with the ELEMIS Devils Mint Body Scrub, we massage the ELEMIS Tan Accelerator that optimises your natural tanning ability with a blend of Shea Butter, Macademia Nut oil, Jojoba Oil and Tyrosine, which is an Amino Acid naturally present in the body and used by skin cells to form melanin. Skin is left soft, supple and in optimum condition to promote a rich and golden suntan.

For the end we apply an optional Self-Tanning Gel that will help promote a mild golden colour whilst you sunbathe.



ELEMIS MEN

Men's skin behaves differently to women's. Shaving, fatigue, sport and screen time all make their own demands. ELEMIS responds with high performance facial therapies designed to restore energy, dynamism and lustre to male skin.

MEN'S FACE & BACK

HIGH PERFORMANCE SKIN ENERGISER FOR MEN 30mins/60mins

This is the hard-working facial for ageing, stressed, dehydrated skin and tired eyes. An energising treatment that speaks to every skin concern, restoring vital moisture and nutrient levels. Multi-dynamic facial massage sequences boost circulation, whilst targeted scalp and foot massages deeply relax. Finally, the uniquely nourishing Pro-Collagen Marine Cream for Men is worked into a receptive, revitalised skin for a vibrant and energised result.

BACK CLEANSING TREATMENT 25mins

Cleansing and exfoliation, a purifying mask to target clogged pores. Working on back acne and oiliness. This treatment will help with inflammation, itchiness, dryness and help you look better without a shirt on.

MEN'S BODY FAVOURITES

ELEMIS FREESTYLE DEEP TISSUE BACK OR BODY MASSAGE 25mins/55mins

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LIGNE ST. BARTH TREATMENTS

FACIAL CARE

ST. BARTH PURENESS 60mins

An extraordinary treatment for face, neck, décolleté and hands. Natural elixirs and vitamins provided for a fresh complexion.

ST. BARTH FRESHNESS 60mins

The impact of high-quality skin care products with natural vitamins and minerals enhanced by freshly prepared fruits will take you to an exotic world.

BODY CARE

PREP SUN TANNING 60mins

After a gentle, relaxing body exfoliation, sun tanning products are massaged into the skin intensifying the tanning ability of your skin.

BODY MASSAGES

CHILL OUT SHELL MASSAGE 55mins/85mins

Relaxing body treatment with cold-pressed avocado oil relieves muscle tension, alleviates stress, stimulates tissue metabolism and the lymph flow, promotes blood circulation and thanks to the calcium content of the shells, ensures a firm, healthy skin texture.

HARMONY MASSAGE 55mins/85mins

Relaxing, pampering massage with different products, whose effects are perfectly harmonised with one other.



MYCONIAN
ROYAL

H A N D & F O O T C A R E

ELEMIS GARDEN OF ENGLAND ROSE RESTORE HAND TREATMENT 25mins

This is the last word in conditioning, restorative, anti-ageing hand treatments. Targets age spots and dryness.

ELEMIS BEST FOOT FORWARD FOOT TREATMENT 25mins

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Feet are left nourished, soft and smooth.

Polish Change 15mins

Manicure 45mins

Pedicure 50mins

Soak Off Gel Manicure 60mins

Soak Off Gel Pedicure 60mins

Soak Off Gel Removal 20mins

W A X I N G

Back

Chest Man

Eyebrow correction

Full leg (Including Bikini line)

Half Leg

Bikini line

Full Bikini

Under Arms

Upper Lip



MYCONIAN
IMPERIAL

SPA ETIQUETTE

SPA OPENING HOURS

Daily 9:00 am to 9:00 pm

Daily 10:00 am to 10:00 pm (KORALI – KYMA – NAIJA present in Myconos Town)

SPA RESERVATIONS

For spa enquiries or reservations please press the “spa” button on your telephone display. Advance bookings are recommended to secure your preferred treatment time.

PRIOR TO ARRIVAL

We recommend that you leave all jewelry and valuables in your room before coming to the spa. The spa will not be held responsible for valuables lost within the spa.

ARRIVAL

Please arrive 20 minutes prior to your treatment in order to complete your health assessment form and take time to relax in the tranquil surroundings of our spa before your treatment. We provide you with robes and slippers to wear while visiting our spa and you will be assigned a private locker to store your personal belongings.

CONSULTATION

Personal consultations are offered to determine your specific skin needs and to allow us to design your treatment experience or a more comprehensive spa schedule.

LATE ARRIVALS

Out of respect for other guest’s reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

CANCELLATIONS

Please allow 12 hours notice on individual treatments and 24 hours notice on spa packages, otherwise 50 percent of the treatment price will be charged. Failure to keep your appointment will result in a 100 percent treatment charge.

DURING YOUR STAY

In consideration of other guests, smoking and active mobile phones are not permitted in the spa. Our spa is a sanctuary of peace and harmony, so please be aware of the volume of your voice so as not to disturb other guests.

AFTER YOUR TREATMENT

We recommend that you do not sunbathe after any massage, body treatment or depilatory waxing for at least six hours. To extend your spa experience at home, a variety of spa products are available for purchase at the Spa Gallery.

PAYMENT

For hotel guests, all treatments can be charged to your guest room folio and will appear on your account at the time of departure from the hotel. Otherwise, major credit cards or cash are accepted at the spa reception.

CHILDREN

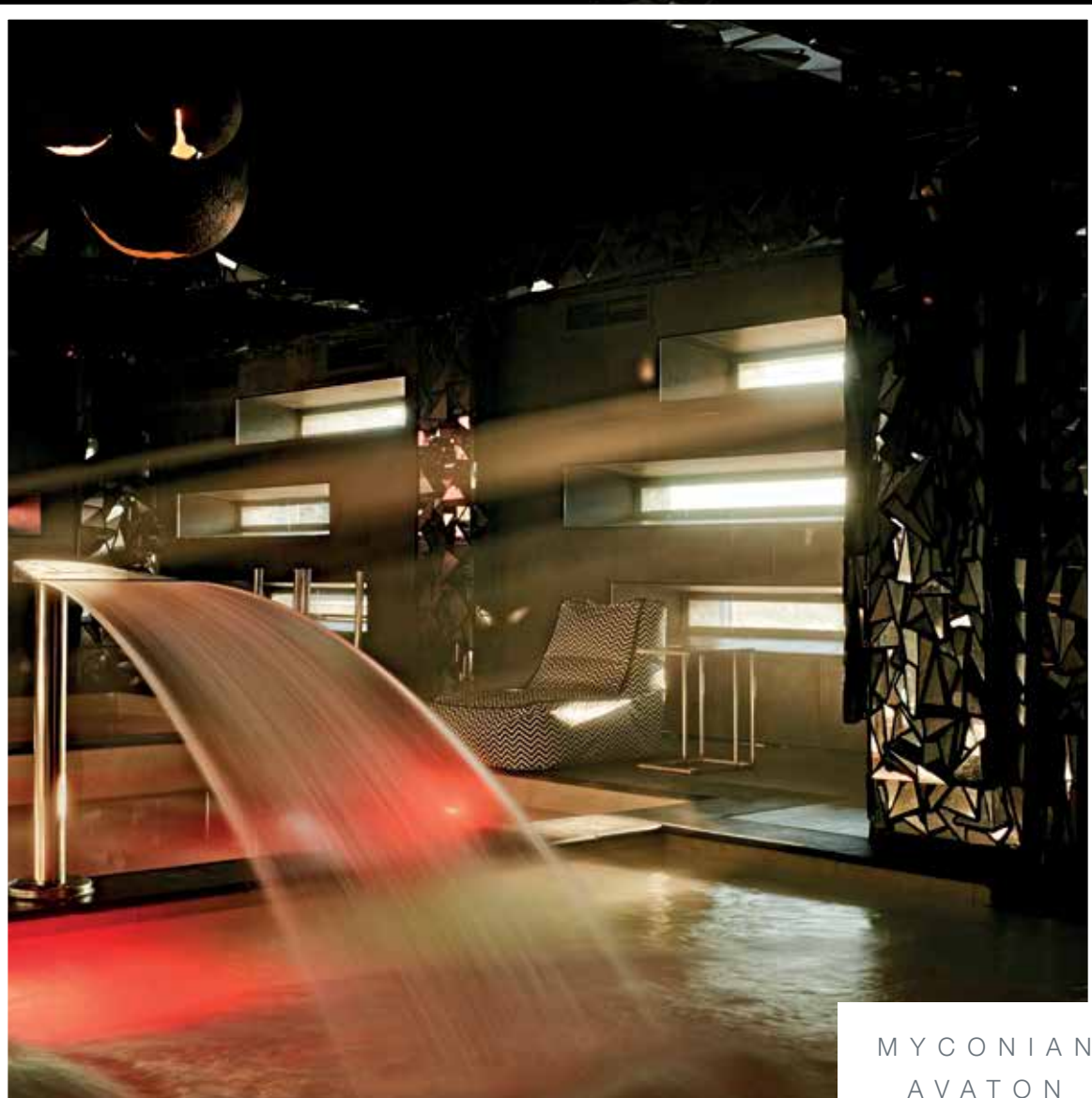
We love children, however, we recommend that you avoid bringing children younger than 11 years old to the spa. Young guests, 12-17 years old, are welcome to enjoy a selection of treatments under the supervision of a guardian.

GYM POLICIES

For your personal safety, we ask that you wear sports shoes. Children under 18 years old must be accompanied by an adult when using gym equipment.

HYGIENE & SAFETY

At Myconian Spas we follow all necessary protocols and procedures, to ensure the highest level of hygiene and safety and give you the peace of mind you need when enjoying a treatment.



MYCONIAN
AVATON



SATORY SPA
AT MYCONIAN
KYMA, NAIA
AND KORALI

ELEMIS is only available at the most exclusive spas around the globe.

ELEMIS pushes the boundaries to **develop textures, ground-breaking formulations** and **conduct clinical trials** to deliver **real results**. **ELEMIS** responds to the **ever-evolving rhythm** of your life and the **ever-changing** nature of your skin.

The **LIGNE ST. BARTH** products are hailed by industry professionals for their originality and exceptional quality.

ELEMIS elite treatments are exclusively available in Mykonos at the Myconian Collection Thalasso-Spas.



VILLA COLLECTION



ROYAL



AVATON



BY
MYCONIAN
COLLECTION

AMBASSADOR



KORALI



KYMA



NAIA



MYCONIAN
PANOPTIS ESCAPE



UTOPIA



IMPERIAL



www.myconiancollection.gr