



MYCONIAN  
COLLECTION

REJUVENATE YOUR SENSES





MYCONIAN VILLA COLLECTION



Dear Valued Guest,

I would like to personally welcome you to the Myconian Collection Spas. All of our 7 Spas are magical places of relaxation for mind, body and soul. We aim to offer you a personal journey that is dedicated to revitalising your body, mind and soul. With a carefully curated menu, inspired by the purest resources from oceans and earth, to allow you to experience the wonders of well-being with methods ascertained since antiquity up to nowadays.

Your skin and your well-being lies at the heart of what we do and we have joined forces with ELEMIS, one of the world's leading and premium SPA brands, as well as St.Barth with products of exceptional quality.

Our treatments are designed to respect the body's complex physiology, and to work in natural synergy with the skin, body and mind. Every treatment is specifically designed to offer a unique experience, using powerful massage sequences and the most potent actives available in the world today. Our highly trained therapists make it personal. They look, they listen, tune in to you.

Our secret dwells in the wealth of the sea, the extracts of plants, flowers and botanicals and to the expert technique we apply for every therapy. Transformative results. Unique Experiences.

Welcome to the Myconian Spas.

*Eleftheria Karapiperaki*  
Director of Spas at Myconian Collection



## SIGNATURE TREATMENTS

### **Myconian Signature Escape** 1hr 20mins

This treatment is designed to hydrate and nourish your skin.

Body Wrap & Relaxing Full body Massage

Express Facial Treatment

### **Myconian Signature Journey** 1hour 50mins

An interactive experiment of the senses.

Body polish & Relaxing Full Body Massage

Express Facial Treatment

### **FAMILY EXPERIENCE** 1hour 30mins

Spend some quality time being spoiled together.

#### **Mother & Daughter**

Side-by-side full body scrub, relaxing massage and a polish on hands or toes.

#### **Father & Son**

Side-by-side relaxing full body massage, express facial treatment and scalp massage.

## PRE - WEDDING EXPERIENCE

Designed to give you a mental boost before your wedding day.

### **BEAUTIFUL BRIDE** 2hrs 20mins

Facial Treatment

Well-Being Massage

Hand and Nail Treatment

### **GROOM'S DEEP RELAX** 2hrs 20mins

Facial Treatment

Deep Tissue Massage

Foot and Nail Treatment

## THALASSOTHERAPY 50mins

A unique program offering curative effects of mineral enriched seawater. The session takes you through 3-4 pools, each with different temperature and salinity content. The program is recommended for frequent use, and is very beneficial for joints, back problems, arthritis, osteoporosis, water retention or for sheer indulgence and relaxation.



## ELEMIS FACE TREATMENTS

The hands of a highly trained ELEMIS therapist are profoundly effective anti-ageing tools. Using a combination of massage techniques from around the world, this is where intuition meets expertise with clinically proven results.

### **PRO-DEFINITION LIFT & CONTOUR** 60mins

Powered by breakthrough technology targeting sagging jowls, cheeks and jawline, this facial helps restore the architecture of the face. The Arjuna and Lupin-infused jowl and chin mask works on elasticity, whilst stem cells help support the extra-cellular matrix. The structure of the skin is boosted through a unique muscle toning massage from the scalp to the décolleté. The skin appears plumper creating a profoundly sculpted, youthful effect.

### **PRO-COLLAGEN AGE DEFY** 60mins

This is the treatment to tackle fine lines and wrinkles. The proven benefits of marine charged Padina Pavonica and Red Coral help plump out fine lines, whilst Indian Mulberry reduces skin-fatigue, helping relax wrinkles. Targeted lymphatic drainage massage re-energises and rejuvenates, while an age-defying peel-off mask encourages the highest cellular function, visibly improving firmness and elasticity for beautifully nourished, younger looking skin.

### **SUPERFOOD PRO-RADIANCE FACIAL** 30mins/60mins

This is a crafted nutritional boost for stressed, dull skin. Rich in superfoods, essential minerals and trace elements; Magnesium, Potassium, Zinc, Vitamin A and E form a mineral army to jump start tired and exhausted skin. An amino active mask helps restore lost moisture, deeply nourish, detox and pack the skin with powerful, energising nutrients. Skin is left smoother, plumper and luminously radiant – stress-free and lit up with good health.

### **DYNAMIC RESURFACING PRECISION PEEL** 60mins

This highly potent resurfacing treatment targets the signs of ageing and dull, tired, uneven skin tone. Specifically designed to work in conjunction with your skin's unique structure, this pioneering precision layering protocol uses three layers of enzymes to nibble the dead skin away, revealing extraordinary results. This system delivers powerful exfoliation and renewal for smoother, younger looking skin.

## ELEMIS ADD-ONS & SPEED SPA

These treatments can be added to any face and body service.

### **FEAST YOUR EYES** 15mins

Give puffy eyes their marching orders with this instantly reviving eye treatment. An intensive eye mask will rehydrate, sooth and lift the eye area and leave you with a bright new look in just 15 minutes. See the world through new eyes.

### **NECK JEWELS** 15mins

Make sure your neck is running a tight ship with this targeted toning treatment. Massage techniques remind the muscle to firm up, while the Arjuna-infused jowl and chin mask lifts and tightens for super-sleek contouring. People will wonder what you've done!

### **FRANGIPANI HAIR, NECK & SHOULDER MASSAGE** 25mins

This scalp massage is so blissful it should be illegal. Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head. We can either make you float like a butterfly or sting like a bee. You choose.

## E L E M I S   M A S S A G E S

### M U S C L E   R E L E A S E

#### **ELEMIS FREESTYLE DEEP TISSUE BACK OR FULL BODY MASSAGE** 25mins/55mins/85mins

This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your concerns. Muscle pain, stress relief, pure relaxation or emotional balance.. As effective as an hour’s stretching, but so much more nurturing.

### R E L A X   &   R E - E N E R G I S E

#### **ELEMIS GARDEN OF ENGLAND ROSE RESTORE RELAXING MASSAGE** 25mins/55mins

Take a walk in an English rose garden with this lavishly hydrating body massage. The unique trio of Rose, Camelina and Poppy seed oils maintain and restore elasticity, whilst encouraging skin renewal. The skin is anointed with nourishing oils whilst a nurturing Rose Body Balm and a Bespoke massage comfort the skin, and ground the spirit.

Skin is left exquisitely moisturised, intensely supple, and deliciously scented.

#### **ELEMIS MINERAL BODY BOOST ENERGISING MASSAGE** 55mins

This massage stimulates every cell in the body, helping alleviate muscular pain and remove toxins.

A catalyst that warms and deeply relaxes the body, perfectly prepping for the nourishing Amber balm, while the mind is whisked off to invigorating shores with the aromatic Ocean Spa Body Oil. Completed by a restorative facial massage, this is a revolutionary, minerally-charged experience of skin conditioning, metabolic balancing, and energising wellness.

#### **ELEMIS WELL-BEING MASSAGE** 55mins

From the soles of your feet to the crown of your head, this Detox & Well-Being massage is prescribed to help you unwind and relax, whilst help to release any toxins stored in the body with the use of the Green Tea Body Balm and Green Tea Body Oil. Your body is lightly brushed, before the warmed massage oils and balms are smoothed over the body leaving you in a state of total relaxation. It is the perfect preparation massage for a Detox or Re-Shape treatment or your complete Restoration and Relaxation Massage.

### S I G N A T U R E   4 - H A N D

#### **ELEMIS FOUR HAND HAWAIIAN WAVE MASSAGE** 60mins

From Hawaii, the traditional Lomi Lomi massage movements sweep the length of the body like a synchronised dance. Working in tandem the lead therapist is known as the “Mother” who sets the pace whilst the second therapists acts as a “Mirror” of the Mother. Using the ELEMIS Frangipani Monoi Oil from the Polynesian Islands, the experience of having two therapists working at the same time is the closest that you could imagine to such a mystical experience of the sublime. Four expert hands working at the same time, complementing and following each other to caress and comfort the body’s energy flow, resulting in the ultimate experience of the power of touch.

### P R E G N A N C Y

#### **ELEMIS PEACEFUL PREGNANCY MASSAGE** 55mins

Tried and tested safe massage techniques are combined and adapted to each stage of pregnancy.

Helps to relieve tension in the lower and upper back, as well as alleviate swelling of the hands and feet, while easing the mind and uplifting the spirit.

### A L T E R N A T I V E   T E C H N I Q U E S

#### **ELEMIS AROMA HOT STONE MASSAGE** 55mins/85mins

Balinese stones bathed in the intensely moisturising Frangipani Monoi Body Oil, are worked over the body, deep into the muscles, getting into areas of tension, persuading the muscles to release their trapped energy.

The result is sparkling vitality with the added bonus of intensely hydrated skin.

#### **ELEMIS POULTICE-POWERED MUSCLE RELEASE** 55mins/85mins

Sore, aching muscles are worked away with this invigorating and deeply releasing treatment. Using a uniquely designed Amber and Quartz poultice/bolus, and combining the power of Eucalyptus and Juniper, each area of tension is specifically targeted with vibrational energy to re-mineralise. Painful knots are eased. Tension is dissolved. Completed by a restorative facial massage, the Amber and Quartz in the Poultice create a powerful mineral connectivity that invigorates the body and elasticises the skin.



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## ELEMIS SCRUBS

### **ELEMIS INTENSELY CLEANSING SALT SCRUB - LIME AND GINGER OR FRANGIPANI** 30mins

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Perfect choice to even your sun tan

## ELEMIS DETOX AND RE-SHAPE

### **ELEMIS CELLUTOX AROMASPA OCEAN WRAP** 75mins

Detoxify and kick-start your body. Let your thoughts drift away, whilst cocooned in a comforting wrap of rich marine algae and detoxifying Juniper and Lemon. Enjoy a facial massage and de-stress scalp treatment or soothing foot massage. Helps refine the appearance of cellulite and relieve the discomfort of fluid retention.

### **ELEMIS TARGETED TONING TIGHTENER** 30mins/60mins

A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms. A targeted sculpting massage will kick-start the micro-circulation, promoting a smoother silhouette. A cooling rubberised mask, rich in super-detoxing caffeine and green clay is applied to problem areas, whilst clinically proven Red Algae redefines areas prone to sagging.

Choose a localised treatment: Arms, Hips & Thighs, or Abdomen

## ELEMIS TANNING & AFTER-SUN

### **CEREMONY OF THE SUN - SELF-TANNING TREATMENT** 45mins

The healthy way to radiant sun-kissed skin. We know the sun is good for the soul, but not necessarily for the skin, so get your tanning to start with this rich and sensual treatment. After a deep exfoliation with the ELEMIS Devils Mint Body Scrub, we massage the ELEMIS Tan Accelerator that optimises your natural tanning ability with a blend of Shea Butter, Macademia Nut oil, Jojoba Oil and Tyrosine, which is an Amino Acid naturally present in the body and used by skin cells to form melanin. Skin is left soft, supple and in optimum condition to promote a rich and golden suntan. For the end you have an optional application of an Instant Tanning Mist or a Gradual Tanning Mist.

### **ELEMIS BODY NECTAR NOURISHING AFTER-SUN WRAP - SWEET ORCHID OR FRANGIPANI** 45mins

This fragrant, moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work. An emotionally grounding experience for skin that has never felt silkier.



ELEMIS

## ELEMIS MEN

Men's skin behaves differently to women's. Shaving, fatigue, sport and screen time all make their own demands. ELEMIS responds with high performance facial therapies designed to restore energy, dynamism and lustre to male skin.

## MEN'S FACE

### **HIGH PERFORMANCE SKIN ENERGISER FOR MEN** 30mins/60mins

This is the hard-working facial for ageing, stressed, dehydrated skin and tired eyes. An energising treatment that speaks to every skin concern, restoring vital moisture and nutrient levels. Multi-dynamic facial massage sequences boost circulation, whilst targeted scalp and foot massages deeply relax. Finally, the uniquely nourishing Pro-Collagen Marine Cream for Men is worked into a receptive, revitalised skin for a vibrant and energised result.

## MEN'S BODY FAVOURITES

### **ELEMIS FREESTYLE DEEP TISSUE BACK OR BODY MASSAGE** 25mins/55mins

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## LIGNE ST. BARTH TREATMENTS

### FACIAL CARE

#### **ST. BARTH PURENESS** 60mins

An extraordinary treatment for face, neck, décolleté and hands. Natural elixirs and vitamins provided for a fresh complexion.

#### **ST. BARTH FRESHNESS** 60mins

The impact of high-quality skin care products with natural vitamins and minerals enhanced by freshly prepared fruits will take you to an exotic world.

### BODY CARE

#### **PREP SUN TANNING** 60mins

After a gentle, relaxing body exfoliation, sun tanning products are massaged into the skin intensifying the tanning ability of your skin.

### BODY MASSAGES

#### **CHILL OUT SHELL MESSAGE** 55mins/85mins

Relaxing body treatment with cold-pressed avocado oil relieves muscle tension, alleviates stress, stimulates tissue metabolism and the lymph flow, promotes blood circulation and thanks to the calcium content of the shells, ensures a firm, healthy skin texture.

#### **HARMONY MESSAGE** 55mins/85mins

Relaxing, pampering massage with different products, whose effects are perfectly harmonised with one other.





ELEMIS

## H A N D & F O O T C A R E

### **ELEMIS GARDEN OF ENGLAND ROSE RESTORE HAND TREATMENT** 25mins

This is the last word in conditioning, restorative, anti-ageing hand treatments. Targets age spots and dryness.

### **ELEMIS BEST FOOT FORWARD** 25mins

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Feet are left nourished, soft and smooth.

Polish Change 15mins

Manicure 45mins

Pedicure 45mins

Soak Off Gel Manicure 60mins

Soak Off Gel Pedicure 60mins

Soak Off Gel Removal 20mins

## W A X I N G

Back 30mins

Chest Man 30mins

Eyebrow correction 15mins

Full leg (Including Bikini line) 45mins

Half Leg 30mins

Bikini line 15mins

Full Bikini 30mins

Under Arms 15mins

Upper Lip 30mins



MYCONIAN IMPERIAL RESORT

## SPA ETIQUETTE

### SPA OPENING HOURS

Daily 9:00 am to 9:00 pm

Daily 10:00 am to 10:00 pm (KORALI – KYMA – NAIA present in Myconos Town)

### SPA RESERVATIONS

For spa enquiries or reservations please press the “spa” button on your telephone display.

Advance bookings are recommended to secure your preferred treatment time.

### PRIOR TO ARRIVAL

We recommend that you leave all jewelry and valuables in your room before coming to the spa.

The spa will not be held responsible for valuables lost within the spa.

### ARRIVAL

Please arrive 20 minutes prior to your treatment in order to complete your health assessment form and take time to relax in the tranquil surroundings of our spa before your treatment. We provide you with robes and slippers to wear while visiting our spa and you will be assigned a private locker to store your personal belongings.

### CONSULTATION

Personal consultations are offered to determine your specific skin needs and to allow us to design your treatment experience or a more comprehensive spa schedule.

### LATE ARRIVALS

Out of respect for other guest’s reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

### CANCELLATIONS

Please allow 12 hours’ notice on individual treatments and 24 hours’ notice on spa packages, otherwise 50 percent of the treatment price will be charged. Failure to keep your appointment will result in a 100 percent treatment charge.

### DURING YOUR STAY

In consideration of other guests, smoking and active mobile phones are not permitted in the spa. Our spa is a sanctuary of peace and harmony, so please be aware of the volume of your voice so as not to disturb other guests.

### AFTER YOUR TREATMENT

We recommend that you do not sunbathe after any massage, body treatment or depilatory waxing for at least six hours.

To extend your spa experience at home, a variety of spa products are available for purchase at the Spa Gallery.

### PAYMENT

For hotel guests, all treatments can be charged to your guest room folio and will appear on your account at the time of departure from the hotel. Otherwise, major credit cards or cash are accepted at the spa reception.

### CHILDREN

We love children, however, we recommend that you avoid bringing children younger than 11 years old to the spa.

Young guests, 12-17 years old, are welcome to enjoy a selection of treatments under the supervision of a guardian.

### GYM POLICIES

For your personal safety, we ask that you wear sports shoes. Children under 18 years old must be accompanied by an adult when using gym equipment.

**ELEMIS** is only available at the most exclusive spas around the globe.

**ELEMIS** pushes the boundaries to **develop textures, ground-breaking formulations** and **conduct clinical trials** to deliver **real results**. **ELEMIS** responds to the **ever-evolving rhythm** of your life and the **ever-changing** nature of your skin.

The **LIGNE ST. BARTH** products are hailed by industry professionals for their originality and exceptional quality.

ELEMIS elite treatments are exclusively available in Mykonos at the Myconian Collection Thalasso-Spas.



VILLA COLLECTION



ROYAL



AVATON



AMBASSADOR



KORALI



KYMA



NAIA



UTOPIA



IMPERIAL



[www.myconiancollection.gr](http://www.myconiancollection.gr)